

Last night I heard a story from this voice, this entity attachment ..the female voice that I hear ...the one that tells me her name is Crystal. I can't recount word for word what she said, but I can recite the basic theme here. It was sometime around 9 o'clock at night...give take a little. I was sitting in my living room chair sorting through some DVDs, looking for a movie that I wanted to watch. I heard Crystal's voice say something like "the angels that went out their way to help you are very disappointed in you". And then she said something like "the angels that went out of their way to let you know that there were those who sympathized with your suffering". And then she said something about how "Saint Peter had given up hope on me" because I have not changed certain things in my life. Again, I don't recall it all word for word, but it was something like that. In and of itself, it was nothing out of the ordinary, but the kind of stuff that I often hear from Crystal. Yet I admit that it got my attention and made me ponder a little bit.

I'm quite certain that she was referring to certain events that took place back in the beginning of my attachment/oppression situation. This would have been back in the beginning of April of 2015, during the time period that I often refer to as "my two weeks of hell". This is when I started hearing these voices entities full force and on a constant basis.

As I discussed many times in my previous blog post, I began hearing these voices after I was experimenting with EVP recording for two months during the winter of 2015. By the end of the second month, I began having incidents of hearing some of the same voices that I was hearing on my recordings... outside of the recordings. Mostly I was hearing voices of a rather unfriendly nature you could say. During the month of March 2015, I kept having more and more incidents of hearing these voices... things kept escalating. I became deeply distressed by what I was experiencing to say the least, so I decided to quit doing any EVP sessions altogether. However, this didn't improve anything, and the situation with these voices continued to escalate. By the beginning of April 2015, the shit hit the fan so to speak. Literally over the course of a single day, the situation changed where I began hearing these voices continuously... they were bombarding me now nonstop. It was no longer incidents here and there, it was a continuous onslaught and it was terrifying. The first two weeks of this was hell... it was the worst that my situation has ever been. I could hardly sleep, I could hardly eat anything, I was just being tortured day and night by these tormenting voices.

There has been many rough times throughout the situation since it all started. Yes, those two weeks were the worst it's ever been... they truly were my two weeks of hell. By far, I was mostly hearing (I would call) "negative voices", voices that were either insulting me...judging me... criticizing me ...were trying to mess with my head in some way by telling me frightening and disturbing things.

However, amidst this whole bombardment of harsh and negative content towards me, I was hearing a few voices that seemed different, they were saying different things. There were some

voices present that weren't insulting me, or trying to torment me in any way. It seemed like they were trying to help me, they were trying to offer me support, they were saying supportive things and encouraging things. This is where it gets a little complicated because I suspect that some of these voices may have been these negative entities just trying to further deceive me. Looking back now, especially after some time has passed and after I've seen many similar accounts of this kind of situation, I suspect that these negative entities were playing a game of "good cop / bad cop" with me. However, there were some voices present during my two weeks of hell that to me at least seemed even more different from these suspicious ones.

I always stress that I can never really know the whole truth of what was going on back then, because I was just hearing these voices, I couldn't really tell who they were coming from, or where they were originating from. But there were a few voices present that did at least seem to be legitimately offering me support and encouragement. If they were trying to deceive me, they did a lousy job of it because I was only feeling encouraged by what they were saying. These supportive voices were not overtly intrusive like the other ones, they weren't constantly talking at me. I would hear an encouraging message from them and then I might not hear back from them for a day or two. They appeared, they made their statement and then they went away for a while, where these other voices were just bombarding me ceaselessly. Again, I'll never know the whole truth of what was going on back then, but if there were any spirits or beings around that were different that were not from this group that was out to torment me, then I would say that this is the closest that I could say.... were possibly the good guys.

I only heard these supportive voices for a short time. It seemed like they were around when things were at the utter worst, when things were really on the edge. Even though things remained pretty bad that whole year, it did eventually start to improve for me. So when Crystal made these statements last night, I recognized it right away that this is what she was referring to. I'm not sure what her angle was. She might have been trying to instill feelings of guilt in me or something like that. At the very least, I think she was trying to put thoughts in my head, get me thinking about what she meant by this.

I admit... I thought about her statements for a little bit, but I was not deeply troubled by them. I have always been grateful to those supportive voices that I was hearing back during my two weeks of hell. As I said, I do suspect that there was some level of a good cop/ bad cop trick being used at that time, but I don't know, some of those voices seemed legitimately different from the ones that were harassing me, they at least seemed to me to be different in their nature. Like I said, if I'm wrong about this and these ones were just deceiving me, well then they failed in their mission because as a result of their supportive statements, I felt encouraged... I felt more optimistic than I would have perhaps otherwise. So for that I've always been grateful and here Crystal was telling me that they were disappointed in me.

I admit that the thought of that does distress me. However, I have to remember where this claim is coming from, it's coming from Crystal. This claim is coming from the main voice that was tormenting me since 2015. This claim is coming from the last remaining voice that I hear on a day-to-day basis still, the last entity that I consider an attachment. Also, I've always said that

Crystal is extremely clever in her own devious way. She's like some sort of diabolical genius when it comes to mind games and psychological manipulation. She's no dummy, she's far from it. So it only makes sense when considering all of the psychological torment that she's put me through that I regard this statement from her with extreme suspicion and that I don't let it get to me, no matter how unpleasant it sounds. In my writing I often say that my primary defense against Crystal (or any other intruding voice) is to take what they say with a grain of salt from the start. No matter how troubling or even fascinating it might sound, if it's coming from a source that I consider intrusive and hostile, then I don't place any meaning in what I hear, I take it with a grain of salt. I'm very glad that I've been able to develop this ability. it's made a world of difference in my situation. As I've written about many times, the worst thing about the early days for me was that I was hearing these voices on such a constant basis and it was still a new experience to me at the time, but also that I was deeply troubled and disturbed by what I was hearing from them... the things that I was hearing them say. So by developing this defense instinct so to speak, I've taken half of that out of the equation...I've taken a significant degree of the power that they once had over me away from them. Well, it hasn't completely resolved my situation, but it has changed it... and changed it for the better. So even though on the surface, this claim from Crystal might otherwise trouble me...because it's coming from her... I'm not going to be troubled by it.... I'm not going to place any meaning or significance in this. I'm not saying this to criticize Crystal either. It's more that it's still my observation that she continues to use deception ...and storylines... and playing mind games as a means to try and manipulate me. If things ever reach a point where I sense that she's not doing this anymore, well then maybe my reaction to what I hear from her might be different. I'm not ruling out this possibility, I'm just saying that I have not observed a significant enough change in her yet. While, it's true (I would say) that the content of what I often hear from her these days is a bit more toned down than it was back in the early days, she is still switching her stories around and making statements that contradict other statements. So, I'm going to stick to my policy of just taking it all with a grain of salt.

- B. Edwards